



## Alexa D'Amato Barrera, Esq.

**Counselor at Law, D'Amato Law Firm**

Alexa is a Personal Injury attorney representing those injured in most types of accidents. Alexa received both the New Jersey State Bar Associations and the Atlantic County Bar Association's Young Lawyer of the Year Award. Alexa has been recognized as a Top 40 under 40 in Atlantic County and as a top young lawyer by New Jersey Super Lawyers Rising Stars since 2008 and as a New Jersey Super Lawyer since 2013. Alexa has been a speaker and moderator for NJAJ and on

the national level for AAJ. The New Jersey State Bar Association, NJESQ Magazine and the American Associate for Justice have published her writings.

Alexa lives in Linwood with her husband, Alexander J. Barrera, Esquire, their three children, Paul (10), Massimo (9), and Rocco (7), their Goldendoodle Emme, and two cats, Mickey and Minnie.

**For more information, call 609-926-3300 or visit [www.damatolawfirm.com](http://www.damatolawfirm.com).**



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## Barbara Kannheiser,

**Executive Vice President & COO, Garden State Trust Company**

Barbara is a principal of Garden State Trust Company. She has over 25 years of experience in trust and estate administration and operations.

In her role as EVP and COO, Barbara oversees all facets of the company's operational and administrative activities. Additionally, she is responsible for all financial reporting for Garden State Trust Company. The depth of Barbara's experience and dedication to problem solving promotes a culture within the company for the delivery of quality and responsive service to clients.

In 1990, Barbara joined Manchester Trust Bank, Manchester Township, NJ and

became the Chief Financial Officer. When Manchester Trust subsequently became the wealth management division for Sovereign Bank, Barbara served as senior manager. She worked on various management committees overseeing the daily administration and investment activities for the trust division. Barbara ensured regulatory compliance and risk management for what became a multi-billion-dollar division serving a multi-state market.

Barbara has a B.S. degree in accounting and her MBA from Georgian Court University. She has 3 children, Brian, Dan and Kristina and 2 grandchildren, Adam and Ben all living in Ocean County. On the weekends you can find Barbara on the golf course enjoying her favorite pastime.

For more information, call 732-255-5000 or visit [www.gstrustco.com](http://www.gstrustco.com).



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## Brittany Mikajlo, CCC-SLP,

**License #41YS00846300**  
**Body In Balance**

Brittany is a speech-language pathologist who has a passion for always learning new ways to help her patients improve and meet their individual goals. Due to this she recently became trained in Speak Out!, which is a treatment program to improve voice skills in those with Parkinson's disease and other neurogenic conditions. The program combines exercises that are completed in the speech session in addition to home exercises, and even provides clients with a free exercise book for the home exercises.

In addition to Speak Out! Brittany is also certified in LSVT Loud, which is a different treatment program for Parkinson's voice. She is also a Lingraphica Certified Provider for AAC devices for patients who have lost the ability to speak due to a stroke, aphasia, or other concerns. Not only does she work with voice, but also cognition, word finding, and even swallowing! She loves helping her patients so much that she is frequently looking for new ways to learn how to better help her clients, so much so that she has received two awards for continuing education since 2017.

For more information, call 609-365-8499.



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## Laura Goellner

**Yoga Teacher, Hummingbird Yoga**

Laura found yoga 16 years ago as she was transitioning away from competitive sports. She was initially drawn to the physical aspect of yoga but found breath work and meditation to be instrumental in managing the challenges of life. In 2005 Laura completed her first yoga teacher training while working on her B.A. in Psychology. She went on to complete her M.S. in Occupational Therapy, which has strongly impacted her style of teaching. Her class, called "Yoga Focus," works on a

new theme each week to help her students dive deeper into the study of yoga. Students are encouraged to cultivate curiosity and use yoga as a tool for self-inquiry. Laura combined her knowledge of therapy and yoga to write "Yoga Therapy At The Wall," a collection of yoga sequences using the wall as a prop to improve posture and body awareness. Laura is a minimalist, living in a 192-square-foot tiny house on wheels with her partner, Patrick, and their rescue dog, Redford. They enjoy camping, hiking and traveling to warm places together.



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